



## Job Description & Person Specification

Position:	<b>Mental Health Practitioner, Thriving Families</b>
Salary:	<b>£31,331</b>
Hours:	<b>35 hours per week</b>
Contract:	<b>Initially for 24 months</b> (extension possible dependent upon funding)
Location:	<b>Thriving Families Multi-Disciplinary Team, Manchester City Council Offices in Harpurhey and with Manchester Mind at the Zion Community Centre, Hulme</b>
Reporting to:	<b>Senior Mental Health Practitioner – Manchester Mind Team Manager for Thriving Families – Manchester City Council</b>

## Job Description

### Summary of Main Duties and Responsibilities

Our purpose is to create space where mental health comes first. We do this through working in partnership with other agencies and providing services in a trauma-informed way. This role will work collaboratively within Manchester City Council's multi-disciplinary Thriving Families Team to support families where children might be open to Child Protection or Child In Need Plans, to ensure that young people and their families are better able to access appropriate support services for their mental health leading to improved mental health.

We believe in the power of listening and being heard. The Mental Health Practitioner will build collaborative and kind relationships where people feel heard and understood, enabling people to access services and navigate routes to support. Referrals are received directly from the Thriving Families Team Manager and the Mental Health Practitioner will offer a range of support to families including 1:1 psycho-social support, community advocacy, making onward referrals, communicating with community, primary and secondary health care and assisting people in addressing practical needs.

### Main Duties and Responsibilities

1. To provide a mixed offer of both therapeutic and/or practical support to people who are struggling with their mental health and are referred through to the Thriving Families team.
2. To work with staff in the Thriving Families MDT to support people referred to the service.
3. To work in a trauma-informed way which focusses on building trusting relationships and offering choice; including the provision of psycho-education.
4. To assess the needs of people referred to the service, to complete personalised risk assessments for people and to manage a caseload.
5. To advocate for people, verbally, through referrals or letters of support to help onward access to services.
6. To implement packages of support which might be clinical, practical and/or social in collaboration with the person referred to the service.
7. To offer a range of support to families in line with assessed need and outcomes of regular reviews.
8. Manage information and input into databases and recording systems as required.
9. Develop a knowledge of services available in Manchester and the requirements for referral and access.

10. To be responsible for achieving all outcomes and outputs related to the project and to submit the required data to ensure Manchester Mind and partners are able to monitor and evaluate the impact of the project.
11. To liaise as required with staff within the wider Thriving Families Team and to play a role in developing shared best practice in responding to the needs of families supported by the Thriving Families MDT.

### **Professional Responsibilities**

1. Ensure that the values of Manchester Mind are maintained and developed throughout the role.
2. Maintain a professional and confidential approach to work at all times.
3. Actively participate in regular supervision sessions and team meetings as requested.
4. Be willing to attend appropriate training courses as agreed with your manager.
5. Contribute to the effective and efficient running of Manchester Mind by awareness of and compliance with policies and procedures, including Health and Safety and Safeguarding.
6. Ensure data is managed in compliance with General Data Protection Regulations.
7. Create positive relationships and treat all staff, volunteers and members of the public with dignity and respect, adhering to Manchester Minds core aims and values, and adhering to equal opportunities and diversity statements and policies.
8. Work outside of normal office hours if required to do so to meet the needs of the service.
9. Carry out other duties as requested by the Manchester Mind Community Services Manager.

This job description may be subject to joint review from time to time between the post-holder and Manchester Mind, and as such is liable to amendment.

## Person Specification

All points are essential unless otherwise stated.

### Qualifications, Knowledge and Experience

- Experience of working in a psycho-social way with people experiencing mental health problems.
- Experience of working with the whole family to improve mental health.
- Knowledge or experience of the issues that people with lived experience of poor mental health face and the impact this has on their lives.
- Knowledge about various ways to provide emotional and therapeutic support for people.
- Knowledge or experience of trauma-informed approaches to service delivery.
- Understanding and experience of safeguarding processes.
- Experience of delivering and adapting services to ensure accessibility.

### Skills and Personal Qualities

- Ability to work in an open and positive way that builds kind relationships and is receptive to and appreciative of the skills and talents of everyone.
- Clear and meaningful communication skills - the ability to listen and enable people to feel heard, accepted and understood.
- The ability to work in a strengths-based way that recognises the potential for people to develop and enable resilience.
- The ability to advocate for people and to identify and support access to appropriate support.
- Good IT skills, sufficient for using on line platforms and producing reports / presentations, and for monitoring purposes.
- Driver, access to a car and willingness to travel across Manchester.

